

**NEWBURYPORT GASTROENTEROLOGY LLC
SMALL BOWEL CAPSULE**

Video Capsule Endoscopy allows for the examination of the small intestine. By using a vitamin-pill size video capsule which has its own camera and light source, it enables the physician to examine the three portions of the small intestine: duodenum, jejunum and ileum. As the capsule travels through your body, images are sent to a data recorder which is worn around the waist.

The capsule endoscopy is used to determine the cause of recurrent or persistent symptoms such as abdominal pain, diarrhea, bleeding or anemia when other diagnostic procedures failed to determine the reason for the symptoms.

THIS PROCEDURE IS CONTRAINDICATED IN PATIENTS WHO HAVE A HISTORY OF BOWEL OBSTRUCTION, A DEFIBRILLATOR, DIFFICULTY SWALLOWING PILLS AND/OR FOOD, OR ARE PREGNANT.

How to prepare for the procedure

- The day before your test, NOTHING to eat or drink after 11:00pm.
- Your appointment is scheduled at 8:30am, unless instructed otherwise.
- You may take any morning medications with minimal water.
- Be sure to wear a thin material shirt as the recorder belt will be worn over your clothing.
- Please verify with your insurance company whether or not the test is covered under your plan.

What to expect once you arrive for the test

- You will wear a “utility belt” which will house the data recorder and battery pack.
- You will be asked to swallow the capsule with a sip of water.
- You will be allowed to have liquids two (2) hours after the capsule is swallowed, then a light lunch four (4) hours after the capsule is swallowed. Medications may also be resumed at this time.

What to expect after your test

- You will be instructed to return to the office at 4:30pm for the equipment removal, unless instructed otherwise.
- After the equipment is removed, you will be able to return home and resume all activities and diet.
- Observe bowel movements for passage of capsule and call Newburyport Gastroenterology office if you notice that the capsule has passed. If you do not see the capsule, an x-ray will be done about 1-2 weeks after the test to confirm that the capsule has passed.
- A letter will be sent to you with the results of your video capsule endoscopy and any further follow up needed.

Please call the office with any additional questions and/or concerns